

EXPERIENCE THE DIFFERENCE AT CITIZENS HEALTHPLEX

Citizens HealthPlex is Victoria's premier medical fitness and wellness facility. If your goal is to improve your health, prevent disease, get fit or be well, Citizens HealthPlex is for you!

HEALTHPLEX SERVICES

- Land, Water & Cycling Group Fitness Classes
- Personal Training
- · Healthplex Crossfit
- Educational & Medical Fitness Programming
- Massage Therapy Private Suites
- · Kids in Motion Childcare
- Circuit Training & Free Weights
- Cardiovascular Training Area
- 25-Meter Lap Pool
- Warm Water Therapy Pool
- Indoor Cushioned Track
- Outdoor Track
- Half-Court Basketball
- 4 Group Fitness Studios
- Spacious Locker Rooms With Day Use Lockers
- · Complimentary Towel Service

VICTORIA COUNTY EMPLOYEE MEMBERSHIP FEES

Enrollment Fee

\$0 - waived

Monthly Individual (Payroll Deduction Required)

\$32,50

Monthly Spouse (Payroll Deduction Required)

\$32.50

Monthly Child*

\$32,50

*Must be 16 yrs of age to use facility. Child add-on rate applies for children 16-21 yrs of age. Payment information for automatic withdrawal must be provided at time of enrollment.

"Employee must be a member for their spouse or child to receive discount

KIDS IN MOTION

Mon - Fri 8 am - 8 pm

Sat 8 am - 1 pm, Sun 12 pm - 5 pm

Ages 3 months through 10 yrs \$5 daily drop in rate or \$20 monthly fee per child.



County of Victoria

Citizens Healthplex 9406 NE Zac Lentz Pkwy Victoria, TX 77904 361.570.5433

http://citizensmedicalcenter.org/healthplex/membership/

Corporate Membership effective: January 1, 2014

Revised: May 26, 2016, Sept 1, 2023

Eligible Employees

 Employees, Spouses and Children ages 18 through 21 (Regular Full-time and Part-time employees are eligible for membership. Membership is not open to temporary or seasonal employees.)

Enrollment Fee

Waived for all mentioned above

Membership Dues

- Employee \$32.50 monthly
 Payroll deducted twice monthly at \$16.25 per pay date
- Employee and Spouse: \$65 monthly
 Payroll deducted twice monthly at \$32.50 per pay date
- Children: \$32.50 monthly
 Drafted monthly from personal credit card or checking/savings account

Attendance Requirements

- None
- County Policy encouraging 8 visits per month for rebate of employee only membership dues.

Details and Reminders

- No annual memberships
- Employee and Spouse dues **must** be payroll deducted.
- Children's dues must be drafted monthly from personal credit card or checking/savings account.
- Deli, pro shop, child care, massage and personal training purchases are at the expense of the employee.
- No need to get drafting unless they are adding a dependent or want Charge to Account, or Kids in Motion.
- Spouse proof is required by County for spousal deduction
- You are responsible as an employee of Victoria County of notifying the Healthplex 30 days prior to cancellation of membership.



VICTORIA COUNTY REDUCED & NO COST GYM BENEFIT POLICY

- 1. <u>Purpose:</u> The purpose of this policy is to encourage employees to maintain a healthy and active lifestyle by providing a gym utilization benefit for waived/reimbursed membership costs. *This policy is only applicable to the utilization of Citizens HealthPlex*.
- 2. <u>Eligibility:</u> All regular full-time and regular part-time employees of Victoria County. *This policy excludes temporary employees and adult probation.*
- **3. Gym Membership:** Employees must sign up for gym membership through the existing designated process outlined by the Victoria County HR department.

4. Gym Utilization:

- a. This benefit is to be utilized in conjunction with the existing half-off gym membership benefit.
- b. To qualify for <u>waived/reimbursed fees</u> in the upcoming month, employees are <u>required</u> to use the gym a <u>minimum of 8 times</u> during the current month.
- c. Multiple scans per day are not allowed and will only be calculated as 1 visit.
- d. It is the responsibility of the employees to ensure their attendance is accurately recorded at Citizens HealthPlex.
- e. If the employee <u>does not</u> reach the minimum requirement of 8 times a month, <u>fees will not be</u> <u>waived/reimbursed</u>.
- 5. <u>Modifications to Policy:</u> Victoria County Commissioners Court reserves the right to modify or terminate the Employee Reduced & No Cost Gym Benefit Policy at its discretion.

Effective September 1, 2023.

Ben Zeller County Judge

Danny Garcia

Commissioner PCT. 1

Jason D. Ohrt

Commissioner PCT. 2

Gary Burns

Commissioner PCT. 3

Kenneth M. Sexton

Commissioner PCT. 4